

## ADAPTED PHYSICAL EDUCATION PROGRAM FOR HANDICAPPED STUDENTS AMONG STATE UNIVERSITIES AND COLLEGES IN REGION 1 OF THE PHILIPPINES

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### ABSTRACT

*State Universities and Colleges in the Region provide best educational practices and quality instructional methods, approaches and principles which made them known in the international arena along impressive faculty profile and leveling, programs which are centers of excellence and development, accreditation and high board examination performances. However, this study intends to monitor and assess if the adapted physical education program is highly attained. Six (6) Physical Education Directors, twelve (12) Physical Education Coordinators and sixty nine (69) instructors and professors coming from State Universities and Colleges in Region I provided the data by answering a questionnaire. Findings show that the level of attainment of Adapted Physical Education Program is moderately attained as to its goals in terms of domains, objectives and promotion to teacher competencies. A questionnaire checklist was constructed by the researcher patterned from related studies. Upon the retrieval of the questionnaires, data were organized, tabulated and analyzed using the descriptive and inferential statistics. The 0.05 level of significance was used as the criterion point in the acceptance and rejection of the hypothesis.*

*The multi/biserial correlation test results show that age and sex are significantly related to the level of attainment of Adapted Physical Education Program for handicapped students. Moreover, Hoteling's trace results reveal that PE Faculty and administrators did not differ significantly at the 5% level of significance in terms of their assessments on the level of attainment of the Adapted Physical Education Program for handicapped students among SUCs in Region 1.*

*Over-all, it is concluded that most of the activities, records, facilities and instructional materials used in Adapted Physical Education Program for handicapped students in the different State Universities and Colleges in Region 1 are moderately adequate. Therefore, recommended that Physical Education administrators, professors and instructors who have handicapped students should have enough background, proficiency and capability, financial assistance and scholarships must be provided to enhance their expertise and must be guided with the implementing rules and regulations of the Program to increase the attainment of the goals, objectives and promotion of teacher competencies.*

**KEYWORDS:** *Adapted Physical Education, Hoteling's Trace, Multi/Biserial Correlation, State Universities and Colleges (SUCs)*

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